

- **Dr. Natsuhara's Pre-Operative Instructions**

- Discontinue Aspirin/NSAIDs/Blood Thinners 7 days prior to surgery
- You have been prescribed medications including pain medication and a blood thinner (ie Aspirin or Xarelto). You can pick these up at the pharmacy prior to surgery, but **DO NOT take until after your surgery.**
- Nothing to eat or drink after midnight the night before your surgery. It is okay to take essential medications with a small sip of water.
- Please show up to the hospital or surgery center at the time instructed with the proper paperwork. This is often ~2 hours prior to your scheduled surgery time.